



9567 A – 118 Avenue, Edmonton, Alberta.
780-477-2971

Not sure What to get that special someone for Christmas

PAMPERED COOKING CLASSES

Enjoy exclusive hands on cooking class in our professional kitchen. You will experience using fresh, natural and when possible local ingredients. All students will learn professional but practical methods. We will discuss technique, proper food handling and address any questions or concerns students have. All students will enjoy the relaxing atmosphere in our professional kitchen while being pampered by our staff. Enjoy a glass of wine, taste and learn. All products, recipes and tools required are included. Bring your Tupperware containers to take home some of the items you have made

January 16 & 23, 2012 Stuffed Chicken Breast

In this class students will learn how to properly pocket a chicken breast, make various filling for the stuffed breast. We will also cover safe food handling, proper cooking time, and the right side dishes and wine to serve with each type of chicken breast.

January 30 & February 06, 2012 Working with Phyllo

In this class students will learn not to be afraid of working with phyllo pastry. Students will learn a variety of appetizers, main course items such as salmon wellington, chicken, goat cheese, sun-dried tomato & spinach wrapped in phyllo. We will also cover some easy dessert items such as apple strudel & pear chocolate bundles.

February 13 & 27, 2011 Making Sauce

In this class students will learn the art of making Alfredo & marinara sauce and how many items we can make from this one sauce, such as chicken cacciatore, eggplant parmesan, lasagne, chicken parmesan, rose sauce, chicken fettuccini, and seafood lasagne.

Cost of each class is \$ 195.00 students must pre-register, space is limited.

You can register either in person at 9567a – 118 avenue or on line

@ absolutelyedibles@hotmail.com. Debit & credit are acceptable methods of payment.

If buying for a gift a certificate will be made. Individual may choose the class of their choice